

**KEY:** (D) = Deciduous  
 (E) = Evergreen or Usually Evergreen  
 (N) = Native & N.E. America



**THE ROSEDALE PLANTSMAN'S GUIDE  
 TO HARDY FERNS**

**LIST OF HARDY GARDEN FERNS**

<b>Name {Common/Botanical}</b>	<b>Size</b>	<b>Color/Foliage</b>	<b>Culture/Hardiness</b>
American Maidenhair Fern (N) ( <i>Adiantum pedatum</i> )	12-18"	Medium green, circular fronds	Shade; avg./moist soil zones 4-8 (D)
Dark Maidenhair Spennwort (N) ( <i>Asplenium adiantum-nigrum</i> )	8-18"	Very dark fronds	Shade; avg.-humus soil; rocks; zones 4-8 (D)
Scott's or Dragon Tail Spennwort (N) ( <i>Asplenium ebenoides</i> )	10-20"	Med. green fronds	Shade; avg. -humus/rocks zones 4-8 (E)
Ebony Spennwort (N) ( <i>Asplenium platyneuran</i> )	10-20"	Dark green fronds	Shade; humus/rocks zones 4-8 (E)
Hart's Tongue Fern (N) ( <i>Asplenium scolopendrium</i> )	12"	Med. green, straplike	Shade; avg. -humus soil zones 3-8 (E)
Lady Fern (N) ( <i>Athyrium filix-femina</i> )	2-3'	Lt. green, fine lacy fronds	Sun (w/moist) or shade (avg. - moist soils)
Japanese Painted Fern ( <i>Athyrium niponicum 'Pictum'</i> )	12-18"	Silver, red and/or green fronds	Shade; avg.-humus soils zones 4-8 (D)
English Painted Fern ( <i>Athyrium otophorum</i> )	12-18"	Silver-green fronds w/purple	Shade; avg. - humus soils zones 4-7 (D)
Deer Fern ( <i>Blechnum sp. 'Incisa'</i> )	8-10"	Arching dk. green, serrated blades	Shade; avg. - humus soils zones 5-8 (E)
Japanese Holly Fern ( <i>Cyrtomium falc. 'Rochfordianum'</i> )	8-15"	Medium green holly-like fronds	Shade; avg. - humus soils zones 6-8 (D)
Berry Bladder Fern (N) ( <i>Cystopteris bulbifera</i> )	12-30"	Pendant green fronds; spreader	Shade; humus/moist soils rocks; zones 4-8 (D)

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Hay-scented Fern (N) ( <i>Dennstaedtia punctilobula</i> )	18-30"	Yellow-green fronds	Sun/Shade avg / moist soils; zones 3-8 (D)
Crisp Male Fern (N) ( <i>Dryopteris</i> aff. ' <i>Crispa</i> ')	6"	Dwarf, crinkled fronds; rock gardens	Shade. Avg.-humus soils zones 4-8 (D)
Shaggy Shield Fern (N) ( <i>Dryopteris atrata</i> )	18-24"	Wide green fronds	Shade; humus soils zones 4-8 (D)
Spinulose Woodfern (N) ( <i>Dryopteris austriaca spinulosa</i> )	18-30"	Deep green fronds	Shade; humus/moist soils zones 4-8 (D)
Crested Shield or Wood Fern (N) ( <i>Dryopteris cristata</i> )	24-30"	Deep green, ladder-like fronds	Sun (moist) or shade (humus/moist soil) zones 3-8 (D)
Recurved Broad Buckler Fern ( <i>Dryopteris dilatata 'Recurvata'</i> )		Graceful, wide recurved fronds	Shade; avg.-humus soils zones 4-8 (D)
Japanese Sword Fern ( <i>Dryopteris erythrosora</i> )	15-18"	Reddish-copper new leaves; dark green fronds later	Shade; avg.-moist soil zones 5-8 (D)
Shield Fern (N) ( <i>Dryopteris filix-mas 'Cristata'</i> )	2-4'	Medium green crested fronds	Shade; humus soils zones 5-8 (D)
Goldie's Woodfern (N) ( <i>Dryopteris goldiana</i> )	2-4'	Tall, med. Green fronds	Shade; humus or moist soil zones 4-8 (D)
Leather Wood Fern (N) ( <i>Dryopteris marginalis</i> )	15-24"	Dk. Green fronds	Shade; humus soil zones 3-8 (D)
Ostrich Fern (N) ( <i>Matteuccia pennsylvanica</i> )	3-5'	Tall, med. Green fronds; upright	Lt-full shade; moist/bog zones 3-8 (D)
Sensitive Fern (N) ( <i>Onoclea sensibilis</i> )	15-24"	Coarse, lt. green spreader	Sun-shade; moist/bog zones 4-8 (D)
Cinnamon Fern (N) ( <i>Osmunda cinnamomea</i> )	2-4'	Lg. Med. Green fronds; showy	Shade; humus or moist/bog zones 3-8 (D)
Interrupted Fern (N) ( <i>Osmunda claytoniana</i> )	2-4'	Lg.med. green fronds	Shade; humus soils zones 3-8 (D)

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Royal Fern (N) ( <i>Osmunda regalis</i> )	2-4'	Bronze, med. green/tall fronds	Sun/part shade; moist/bog, zones 3-8 (D)
Northern Beech Fern (N) ( <i>Phegopteris connectilis</i> )	8-20"	Thin, pale green fronds	Shade; humus soils zones 4-8 (D)
Polypody ( <i>Polypodium interjectum</i> )	12-24"	Broad, leathery fronds	Lt. shade; humus soils zones 4-8
Common Polypody (N) ( <i>Polypodium vulgare</i> )	4-16"	Erect, leathery fronds	Lt. shade; humus soils zones 4-8
Christmas Fern (N) ( <i>Polystichum acrostichoides</i> )	15-30"	Dark green fronds clumps	Shade; avg. - moist zones 3-8 (E)
Braun's Holly Fern (N) ( <i>Polystichum braunii</i> )	18-24"	Silver new leaves green fronds	Shade; avg. - humus soils zones 4-8 (D)
Tassel Fern ( <i>Polystichum polyblepharum</i> )	1-2'	Glossy dk. Green fronds	Shade; avg. - humus soils zones 5-8 (E)
Korean Rock Fern ( <i>Polystichum tsus-simense</i> )	10-15"	Dk. Green fronds; compact	Shade; avg. moist zones 5-8 (E)
Bracken Fern (N) ( <i>Pteridium aquilinum</i> )	2-4'	Wide, dk. Green fronds;hardy fast	Shade; humus/moist soils zones 3-8 (D)
Japanese Beech Fern ( <i>Polystichum decursive-pinnata</i> )	1-2'	Green & lt. green fronds; clumps	Shade; avg. - humus soils zones 4-8 (D)
New York Fern (N) ( <i>Polystichum noveboracensis</i> )	18-24"	Yellow-green lacy fronds	Sun-lt. shade; dry-moist zones 4-8 (D)